

3 Easy English Idioms about Eating Habits



EAT LIKE A BIRD

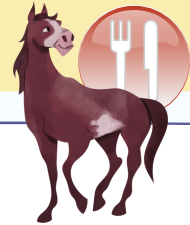


eating a small amount of food

She eats like a bird and never gains weight... I'm really worried!

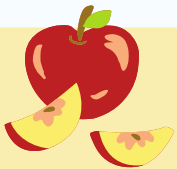


EAT LIKE A HORSE



eating a lot of food

He will certainly get fat if he keeps eating like a horse!



STICK TO YOUR RIBS



**something filling, substantial and very nutritious;
food that keeps you from being hungry again quickly**

He knows he will work all day so he needs a breakfast that really sticks to his ribs and keeps him satisfied.