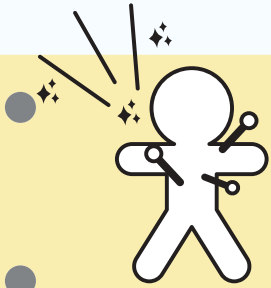


# 3 Easy English Idioms about Fear



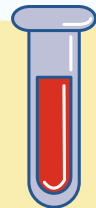
## BE SCARED STIFF



**being so afraid that you cannot move**  
*Tom was scared stiff when he went to the hospital.*



## MAKE YOUR BLOOD RUN COLD



**being frightened and scared to a high degree**  
**being full of fear**  
*Covid is making Tom's blood run cold. I hope it doesn't give him a heart attack!*

## GET/GIVE GOOSEBUMPS



**getting bumps on your skin due to hair standing up**  
**(usually caused by feeling cold, feelings of anxiety, fear...)**  
*Watching the news on TV gives me goosebumps.*